



# Confirmation

## Journal Questions

### Redemption II



**Whip-Around: Describe yourself in three words.**

---

---

**What do most teenagers know about the Trinity? Most adult Catholics?**

---

---

**What's one concrete way you can live redeemed and free this week (at school, home, friendships)?**

---

---

---

**Name one new thing you learned about the Trinity through the talk.**

---

---

**What does the Church teach about the Trinity?**

---

---

---

**How can understanding the Trinity impact your daily life and faith journey?**

---

---

---

**How do you relate personally to each Person of the Trinity. Spirit?**

---

---

---

**What challenges do you face when trying to understand or explain the concept of the Trinity?**

---

---